

Community Health Educator for Diabetes Stress Study

Community health workers Assisting Latinos Manage Stress and Diabetes (CALMS-D)

Position: Community Health Educator **Reports to:** Associate Unit Director

Overview:

The community health educator will provide group-based education on diabetes self management and stress management skills to Latinos with type 2 diabetes. This person will work as part of the research team including co-investigators and key project staff of Hispanic Health Council (HHC), Hartford Hospital, the University of Connecticut and Yale University.

Primary Responsibilities

- Participate in initial and ongoing training activities
- Initiate contact and communication with referred clients
- Document accurately and thoroughly all client contact and attempted client contact
- Schedule participation in educational sessions for all participants, according to protocols for schedules/frequency
- Coordinate logistics for transportation of clients to and from HHC
- Provide group-based, diabetes education to all study participants based on study protocols for frequency, content and training methods
- Provide group-based stress management sessions to study participants assigned to the intervention group based on study protocols for frequency, content and training methods
- Conduct pre and post-tests before and after each educational session
- Distribute and collect activities assigned to be completed at home
- Attend diabetes-related professional development training, per supervisor instruction
- Assist data collection conducted by the CALMS-D research associate, possibly including conducting
 baseline interviews and other tasks (e.g., transportation of equipment, and blood and urine samples,
 and processing samples according to the protocols)
- Maintain confidentiality of client records and study data at all times
- Participate in other HHC activities, as assigned

Qualifications

- Minimum of Associate Degree in Human Services or health-related field
- Two years minimum experience with community base health education
- Experience leading and facilitating group education
- Ability to demonstrate techniques provided in the curriculum during educational sessions and high comfort level managing group dynamics
- Experience successfully managing own diabetes or providing key support to family member or friend managing their diabetes
- Strong communication skills
- Enthusiasm for and commitment to supporting diabetes management
- Bicultural and bilingual English/Spanish
- Highly receptive to feedback from supervisor and eager to implement suggested modifications
- Interest and ability to learn and teach technical information about diabetes management
- Maintenance of professionalism and composure in all interactions with clients
- Ability to document work accurately and thoroughly; flexibility in schedule ability to work evenings and weekends
- Own transportation and valid CT driver's license



Preferred experience:

• Familiarity with Hartford

Interested candidates, please send resume and cover letter to:

Sylviana Lopez
Director of Human Resources
Hispanic Health Council
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